

Products to Discontinue

Important: Please discontinue blood thinners two weeks before any scheduled procedure. Aspirin, arthritis medications, cold medicines, and other drugs containing aspirin or anti-inflammatories can cause excessive bleeding during surgical procedures. The list below is not a complete list of aspirin-containing or otherwise prohibited products, so be sure to check all medications you might take in the two weeks prior to your procedure to see if they contain aspirin. If you're not sure, contact your pharmacist.

NOTE: Do not take the following for two weeks prior to your procedure without checking with our office. If you have any questions, or are medically required to take blood thinners such as **Coumadin (warfarin), Eliquis, Xarelto, Pradaxa, Savaysa, Plavix, or Heparin**, *please notify us **AND** confirm with your doctor that it is okay to stop in anticipation of your surgical procedure.*

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|-------------------------|--------------------|-----------------|
| Advil | Enteric | Motrin |
| Aggrenox | Ephedra | Naprosyn |
| Aleve | Excedrin | Norgesic |
| Alka Seltzer | Fiorina | Nuprin |
| Anacin | Fish Oil | Pentasa |
| Arthritis Pain Formula | 4-Way Cold Tablets | Pepto Bismol |
| Ascription | Garlic | Plavix |
| Aspirin | Ginger | Presistin |
| Bayer | Ginkgo Biloba | Propoxyphene |
| Bufferin | Ginseng | Saw Palmetto |
| Cama arthritis reliever | Glucosamine | St. John's Wort |
| Celebrex | Goldenseal | Trigestic |
| Chondroitin | Indocin | Valerian |
| Coricidin | Kava | Vanquish |
| Doans Pain Pills | Milk Thistle | Vicoprofen |
| Echinacea | Midol | Vitamin E |
| Ecotrin Emprin Compound | Mobic | |

Signature: _____

Date: _____